

## GETTING TO KNOW THE TEAM

### WHAT IS YOUR SUPERPOWER?

Respecting the goodness in everyone

### WHAT UPSETS YOU?

Injustice: either for an individual, family or wider community/culture.

### WHAT ARE YOU GOOD AT?

Laughing, I love to find things that make me laugh.

### WHAT DO PEOPLE NEED TO KNOW ABOUT YOU?

I found school quite difficult academically, it's only as I became an adult that I discovered a subject I could fully enjoy learning. I really respect everyone has a different journey through teen years and school life.

### WHAT IS YOUR FAVOURITE SAYING?

It's ok to need help.



# CLAIRE CRAMPTON (SHE/HER\*) - THERAPIST AND STUDENT SUPPORT

### WHAT DO YOU DO AT INCLUSION ?

I work in both the pre and post 16 sites to help support mental health, sometimes that is in a one to one session or I might be chatting informally in the classrooms and central areas. Occasionally you may also see me tutoring or running courses.

Helping people to feel at their best is important to me, so I try to adapt to what fits the individual.

### CONTACTS:

Claire.crampton@inclusionhampshire.org.uk

or phone the office on 01256 760 800

\*If you are happy to then please do let us know your chosen pronouns to use.

